

MARCH

INTERMEDIATE SCHOOL WEEKLY MENU

ALL STUDENTS
EAT FREE!

Weekly Lunch specials...

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEESY FRENCH BREAD <small>W/ HOUSE-MADE MARINARA</small> Dried Apple Crisps Baby Carrots	CRUNCHY TURKEY TACOS <small>W/FRESH SALSA</small> Seasonal Fruit Corn Side Salad	SPAGHETTI <small>W/GARLIC KNOT</small> Banana Baby Carrots	NACHOS <small>W/FRESH SALSA</small> Seasonal Fruit Tater Tots Side Salad	TURKEY & GRAVY <small>W/MASHED POTATOES & ROLL</small> Apples Slices Feta Bean Salad Baby Carrots

The Daily Fresh...



GARDEN SALAD W/ CHICKEN

Served with string cheese, garlic knot, and ranch dressing.
*Salad w/out chicken available upon request

YOGURT PARFAIT

Vanilla yogurt with fruit and granola

VEGGIE SUB

Fresh cucumbers and tomatoes served on a hoagie roll w/ American cheese and a balsamic dressing.

ALL MEALS INCLUDE:

BREAKFAST: FRUIT AND CHOICE OF MILK
LUNCH: FRUIT, VEGETABLE, AND CHOICE OF MILK

*MENU SUBJECT TO CHANGE WITHOUT NOTICE.

-- BREAKFAST --

New!

MONTE CRISTO SANDWICH
MONDAY

HORCHATA OVERNIGHT OATS W/ BERRIES & GRANOLA
TUESDAY

MAPLE GLAZED DONUT
WEDNESDAY

CONCHA
THURSDAY

BLUEBERRY CINNAMON CRUMBLE
FRIDAY

-- AVAILABLE DAILY --

SUNRISE SANDWICH*
ASSORTED CEREAL W/STRING CHEESE
WARM BAGEL SERVED W/ CREAM CHEESE
YOGURT W/GRANOLA & STRAWBERRIES

LUNCH ITEMS AVAILABLE DAILY

MIGUEL'S BURRITOS*

Includes: bean and cheese or bean, rice, and cheese

VEGAN BEAN & RICE BURRITO

PAPA JOHN'S PIZZA*

Cheese or Pepperoni

CHEESEBURGER

Served on a whole grain bun with American cheese and includes tomato/lettuce side

SPICY CHICKEN SANDWICH

Served on a whole grain bun

TERIYAKI CHICKEN BOWL W/ STEAMED BROCCOLI

Served w/brown rice and steamed broccoli

*DENOTES AN ITEM CONTAINING PORK

CHILD NUTRITION SERVICES IS AN EQUAL OPPORTUNITY PROVIDER.